

BE SAFE ON THE RUN!

BECAUSE OF THE WAR IN UKRAINE, WOMEN, CHILDREN, AND ELDERLY MEN ARE FLEEING. THEY ARE VULNERABLE TO BECOMING VICTIMS OF HUMAN TRAFFICKING AND EXPLOITATION. MANY PEOPLE OFFER HELP, BUT UNFORTUNATELY NOT EVERYONE CAN BE TRUSTED.

FOR ANY INFORMATION, PLEASE CALL

RefugeeHelp, +31(0)20 300
7000

STAY SAFE BY PAYING ATTENTION TO THE INFORMATION BELOW!



IDENTITY DOCUMENTS

Never give a passport or ID to anyone other than a public official. Carry it close to your body. Take a picture of your identity documents with your phone so you have a backup in case of loss or theft. Send a copy to friends/family and to yourself. Do not share information and details about your identity online.



MONEY

Carry cash somewhere hidden with you, perhaps even in multiple places, assuming that any bag you have could be left behind at some point. Memorize your credit card/debit card number. Memorize phone numbers of multiple reliable people who can transfer/help with money in case of need. Never share your banking credentials, passwords, or authorization codes. Never open a bank account at the request of somebody you just met.



CONTACTS

Develop a code word with your friends and family so that if you are in danger and can't say so, they know you are in danger. They should also know with whom and where you are staying.



ACCOMODATION

You are entitled to basic services such as bed, food, and medical care. If you do not have a place to sleep, you are staying at an unsafe location, or want to know more about your rights and the asylum/temporary protection procedure, seek help from these agencies: www.refugeehelp.nl, www.forrefugees.nl and www.rodekruis.nl



PROBLEMS AT WORK

If you feel you are being exploited and for any work-related issues, contact the local organizations below: FairWork, +31(0)20 760 0809 or <https://www.fairwork.nu/uk/домашню-сторінку/>. You can report a suspicion of labor exploitation to the Netherlands Labour Inspectorate via 0800 5151.



EXPLOITATION

In case you are treated unfairly, or people are taking advantage of your situation, you can report it to the local police via the following numbers:

Immediate danger? Call the emergency number: 112. A suspicion of exploitation? Call the local police via 0900 8844. Assistance and advice to victims: CoMensha, <https://www.comensha.nl/en/>, call 033 448 1186 or mail info@comensha.nl.